



Park &
Recreation

Martin Luther King Recreation Center

6401 Skyline Drive. • San Diego, CA 92114 •

Office (619) 527-3415 Fax (619) 527-7645 www.sandiego.gov



SUMMER 2016



HOLIDAYS
4th of July



HOURS OF OPERATION HORAS DE OPERACION

Monday / Lunes	12:00 pm – 9:00 pm
Tuesday / Martes	12:00 pm – 9:00 pm
Wednesday / Miércoles	12:00 pm – 9:00 pm
Thursday / Jueves	12:00 pm – 9:00 pm
Friday / Viernes	12:00 pm – 8:00 pm
Saturday / Sábado	9:00 am – 5:00 pm
Sunday / Domingo	9:00 am – 5:00 pm

All hours are subject to change without notice

Center Staff

Carlos Rios	Area Manager
Casper Zamudio	Center Director III
Christina Vasquez	OCA Center Director III
Carlos Cordova	Recreation Leader I
Raenieca Jefferson	Recreation Leader I
Gabriel Anguiano	Recreation Leader I
Eric Snyder	Recreation Leader I
James Cloud	Recreation Leader I
Johana Castillo	Recreation Leader I
Betty Godinez	GMWII
Paul Henderson	GMWII
Chris Guzman	GMWII
Anthony Hicks	GMWII



AS A RECIPIENT OF FEDERAL FUNDS, THE CITY OF SAN DIEGO CANNOT DISCRIMINATE AGAINST ANYONE ON THE BASIS OF RACE, COLOR, CREED, SEX, AGE, NATIONAL ORIGIN OR ANCESTRY, RELIGION, PREGNANCY, PHYSICAL OR MENTAL DISABILITY, VETERAN STATUS, MARITAL STATUS, MEDICAL CONDITION, GENDER (TRANSEXUAL AND TRANSGENDER), SEXUAL ORIENTATION, AS WELL AS ANY OTHER CATEGORY PROTECTED BY FEDERAL, STATE OR LOCAL LAWS. IF ANYONE BELIEVES HE OR SHE HAS BEEN DISCRIMINATED AGAINST, HE OR SHE MAY FILE A COMPLAINT ALLEGING THE DISCRIMINATION WITH EITHER THE CITY OF SAN DIEGO PARK AND RECREATION DEPARTMENT (CONTACT DISTRICT MANAGER Kim Mathis (619) 236-7324) OR THE OFFICE OF EQUAL OPPORTUNITY, U. S. DEPARTMENT OF THE INTERIOR, WASHINGTON, D.C. 20240. THIS INFORMATION IS AVAILABLE IN ALTERNATIVE FORMATS UPON REQUEST. PRINTED ON RECYCLED PAPER.

Facility Information

Permits

Community members can obtain Building or Field Permits by appointment only.

For additional information, please contact MLK at (619) 527-3415.

Room Rental

Large Meeting Room , Kitchen, Craft Room, Gymnasium

Field Rental

Baseball Field, Multipurpose Field, Outdoor Basketball Courts, Ground Use for Special Events and Jumpers.

Parks: Martin Luther King Jr Park & Fields, Valencia, & Porter Multi-use fields, J. F. Kennedy Park, Gompers Neighborhood Park.

Donations

By donating to our parks system, you can help the Park and Recreation Department to enrich the lives of others through quality parks and programs. For more information on how to become a donor, please call Christina Vasquez at (619) 527-3415.

REFUNDS

- Must be submitted prior to the 2nd class
- Original receipt required for refunds
- No partial refunds or make ups for missed classes.
- \$5.00 service charge per refund

PHONE NUMBERS

MLK Pool (619) 527-3451

Senior Building(619) 266-2066



Mountain View Sports & Racquet Association
(inside the MLK park – next to the baseball field)

For more information, please contact Coach Stan,
(619) 770-7187 OR (619) 263-9224
Tennis Lessons for all

Online Registration

Register online for Programs offered by the Recreation Council, using the Online Activity Registration System. Log on at: SDRecConnect.com. Set up your account and browse classes now!

Returning Customers (who have previously registered for classes online) Click the My Account button. Enter your login (email address) and password.



If you've **forgotten your password**, click My Account, then click the small "Forgotten?" link. Enter the email address you used when you created the account, and the system will send you a temporary password via email. Log in with the temporary password and the system will prompt you for your "Current password" - which means the temporary password in this case - and a new password of your choice. Be sure to click Save!

First Time Online Customers

Click the Create Account*** button. Fill out the New Account Request form completely for the primary responsible person, usually a parent or head of household, including all required fields, (Birth date, Gender, Email Address, etc.) and click Submit (or Submit & Add Family Member to add your other family members). In a short time, **check your email for a confirmation message with a special first-time activation link. You will not be able to use your new account until you've used this special link!** Note that it's possible this email will go to your "spam" folder, so check carefully. To avoid duplication, be sure to let others in your household know you've set up the account.

*****Important!:** If you are registering a child for an activity, please use **your own** information, not your child's, when first completing the New Account Request form. Once you have filled it out for yourself, click "Submit," or "Submit & Add Family Member" to add others such as your spouse and children. You can also easily add children later after you've created and confirmed the



No computer access?

Come into the office and use ours!

Martin Luther King Jr. Recreation Center

6401 Skyline Drive San Diego, Ca 92114

Summer 2016

Classes Begin: June 1 and end August 31,2016

Code	Summer Activities	Day	Time	Ages	Cost	Instructor
27497	Summer Teen Center	M-F	3:00-6:00 PM	12-17 yrs	Free	Eric
27526	Summer Activities Week 1	June 20-24	9:00-4:00 PM	6-12 yrs.	\$30.00	Staff
27527	Summer Activities Week 2	June 27-July 1	9:00-4:00 PM	6-12 yrs.	\$30.00	Staff
27528	Summer Activities Week 3	July 5- July 8	9:00-4:00 PM	6-12 yrs.	\$30.00	Staff
27529	Summer Activities Week 4	July 11-15	9:00-4:00 PM	6-12 yrs.	\$30.00	Staff
27530	Summer Activities Week 5	July 18-22	9:00-4:00 PM	6-12 yrs.	\$30.00	Staff
27531	Summer Activities Week 6	July 25-29	9:00-4:00 PM	6-12 yrs.	\$30.00	Staff
27532	Summer Activities Week 7	Aug 1-5	9:00-4:00 PM	6-12 yrs.	\$30.00	Staff
27533	Summer Activities Week 8	Aug 8-12	9:00-4:00 PM	6-12 yrs.	\$30.00	Staff
27534	Summer Activities Week 9	Aug 15- 19	9:00-4:00 PM	6-12 yrs.	\$30.00	Staff
27535	Summer Activities Week 10	Aug 22-26	9:00-4:00 PM	6-12 yrs.	\$30.00	Staff
Code	Toddler Classes	Day	Time	Ages	Cost	Instructor
27536	Preschool Picasso	T	4:00-5:00 PM	3-5 yrs	Free	Johanna
27537	Sports of all Sorts	W	1:00-2:00 PM	3-5 yrs	Free	Johanna
Code	Free Events	Day	Time	Ages	Cost	Instructor
-	Summer Lunch Program June 27-Aug 19	M-F	12:00-1:00 AM	Under 18	Free	Staff
27539	Parks Fit– MLK Walking Club	T/W/Th	9:00-10:00 AM	5+	Free	Staff
-	Summer BBQ	July 14Th	11:30-1:00PM	Under 18	Free	Staff
Code	Summer Classes	Day	Time	Ages	Cost	Instructor
26897	Tech Savy- Monthly 6/15, 7/20, 8/17	W	4:00-5:00 PM	12+	Free	Eric
26898	Volleyball Strength & Conditioning	W	4:00-5:30 PM	12-16 yrs.	Free	James
27538	Soccer Strength & Conditioning	W	4:00-5:30 PM	9-15 yrs.	Free	Staff
26892	Arts and Crafts Class	T	4:00-5:00 PM	6-14 yrs.	Free	Raenieca
26900	Yummy Creations Cooking Class	W	2:00-3:30 PM	6-12 yrs.	Free	Joanna
26893	Basketball Skills Clinic	Sun	1:00-3:00 PM	8-18 yrs.	\$15.00	James

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Summer 2016

Classes Begin: June 1 and end August 31,2016

Code	Youth Sports	Day	Time	Ages	Cost	Instructor
27540	Pee Tee Ball	TBA	TBA	5-7 yrs.	\$17.00	Johanna
26905	12 and Under Softball	TBA	TBA	12 & Under	\$17.00	Raenieca
26906	15 and Under Softball	TBA	TBA	15 & Under	\$17.00	Raenieca
26904	Pee Wee Basketball	TBA	TBA	5-7 yrs.	\$17.00	Johanna
26901	10 And Under Basketball	TBA	TBA	10 & Under	\$17.00	James
26902	12 And Under Basketball	TBA	TBA	12 & Under	\$17.00	Eric
26903	14 And Under Basketball	TBA	TBA	14 & Under	\$17.00	Eric
Code	Dance	Day	Time	Ages	Cost	Instructor
26762	Civic Dance Arts Pre Tap MLK	F	4:00	4-6 yrs	\$41.00	K. Landry
26763	Civic Dance Arts Beg Tap 1A MLK	F	4:45	6-17 yrs	\$41.00	K. Landry
26765	Civic Dance Arts Beg Jazz 1A MLK	F	5:30	6-17 yrs	\$41.00	K. Landry
26768	Civic Dance Arts Jazz Tech	F	6:15	6-17 yrs	\$41.00	K. Landry
Code	Exercise, Health and Wellness Classes	Day	Time	Ages	Cost	Instructor
26894	Cardio Fit	M	5:30-6:30 PM	Teen/Adult	Free	Carol
26899	Ya Zoom Cardio Conditioning	T	6:00-7:00 PM	Teen/Adult	Free	Carol
26895	Kickboxing, Core Sculpt, & Step	TH	6:00-7:00 PM	Teen/Adult	Free	Carol
27548	Combo Class	Sat	9:00-10:00 AM	Teen/Adult	Free	Carol



MLK TEEN CENTER

MONDAY-FRIDAY

3:00-6:00 PM

JUNE 1, 2016- AUGUST 31, 2016

Join us in the MLK Craft room for some teen center fun! Come make new friends, play games, and enjoy the summer with us!

We will be hosting video game competitions, sports tournaments, Field Trips, and much more! See you there!

CODE:

COST: FREE

AGES: 12-17

HAVE QUESTIONS? (619)527-3415 OR COME SEE STAFF IN THE OFFICE.

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Parks Fit San Diego 2016

Challenge: Walk, Run, Roll or Swim

30 miles between June 18 and August 13

Reward: Get fit, stay healthy & receive a Parks Fit SD t-shirt!



Join this year's Parks Fit San Diego program by visiting any City of San Diego Park and Recreation Department facility (recreation center, pool, nature center, activity center or golf course) for a quick and easy enrollment process. Choose one activity or mix it up. Track your miles and turn them in by the due date for your Parks Fit SD t-shirt!

Kickoff Event - 1 mile Fun Run & Eat Fit in the Park

Saturday, June 18, 2016 at 8:00am

Morley Field, 2221 Morley Field Dr., San Diego 92104

Finale Event - 5K Run/Walk & Family Celebration

Saturday, August 13, 2016 at 7:30am

NTC Park, 2455 Cushing Rd, San Diego 92106

ActiveNet Code 24791 at www.SDRecConnect.com

For more information: www.sandiego.gov/park-and-recreation



Martin Luther King Jr. Recreation Center

6401 Skyline Drive, San Diego, CA 92114 (619) 527-3415

Summer Baseball and Softball



Price: \$17 per player

Program offers introduction to fundamentals and progressively builds techniques for competitive play.

Divisions	Codes
Pee Wee T-Ball	27540
12 & Under GIRLS	26905
15 & Under GIRLS	26906

Age cut off date is August 21st, 2016

2 practices per week M/W or T/Th and games on Saturdays.

Register in-person or online at SDRec-Connect.com

For more information, please call the Recreation Center office at 619-527-3415.

*Age verification forms due at time of registration.
There will be no Exceptions.*

Registration Information

LOCATION	Martin Luther King Jr. Recreation Center (MLKRC) 6401 Skyline Dr San Diego, Ca. 92114 (619) 527-3415
Registration Period	June 13th—May 31st 2016
PRICE	\$17 per player



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Martin Luther King Jr. Recreation Center

6401 Skyline Drive, San Diego, CA 92114 (619) 527-3415

Summer Basketball 2016



Price: \$17 per player
By popular demand, MLKRC will offer
an extra season of basketball!

Divisions	Codes
Pee Wee	26904
10 & Under COED	26901
12 & Under COED	26902
14 & Under COED	26903

Age cut off date is August 21st, 2016

2 practices and 1 game per week

Register in-person or online at SDRc-Connect.com!

**For more information, please call the
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YOUTH PROGRAMS

After School Activities

ARTS & CRAFTS

The class is designed to improve kids self esteem and knowledge of their own artistic abilities. Projects include drawing, painting, bead making and other creative activities.



Ages 6- 14. Fee: FREE
Tuesdays: 4:00P.M. - 5:00P.M.
Instructor: Raenieca
Reg Code: 26892

Yummy Creations Cooking Class

The class is designed to teach children basic kitchen skills and how make easy snacks and meals. Join us after school in the MLK Kitchen.



Ages: 6 - 12
Days: Wednesdays -2:00P.M. - 3:30P.M.
Instructor: Joanna
Reg Code: 26900

Youth Sports Classes and Clinics

Basketball Skills

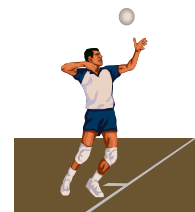
Come join us in the MLK Gym to improve your basketball skills. Coach James will help provide the basic knowledge of the game and work on individual growth.



Ages 8-14
Day: Sundays 1:00-3:00pm
Fee: \$15.00 for 3 Months
Instructor: Coach James
Class Code 26893

Volleyball Strength and Conditioning

MLK will offer year round volleyball classes! The class will focus on conditioning, learning the basics, and having fun!



AGES: 11 -16
Day: Thursday
Time: 5:00-7:00P.M.
Please call Christy at
527-3415 for more information.

Soccer Strength and Conditioning

Ages 9-15 Fee: Free
Day: Wednesday 4-5:30 PM
Take advantage of year round soccer training. Build some skills or maintain a current level of fitness.



Adult Activities

Fitness



Cardio Fit
Ya Zoom Cardio Conditioning
Kickboxing, Core Sculpt & Step

Mondays- 5:30pm - 6:30pm
Tuesdays- 6:00pm-7:00pm
Thursdays- 6:00pm—7:00pm

Class Code 23826
Class Code 23827
Class Code 23828

Cost: Free

Instructor: Carol

Lets get that heart pumping! Relieve stress and feel good about yourself! Wear exercise attire and athletic footwear. Please bring a towel and hand weights if you wish.



BookNook!

The Park & Recreation and Library Departments Present



Reading
IS
Recreation!



For a list of our locations please visit
<http://cityofsd.org/RecreationCenters>
This information is available in alternate
formats upon request.

The Park and Recreation and Library Departments are partnering to provide BookNooks at all City of San Diego Recreation Centers.

What is BookNook?

BookNook is a "take a book, leave a book" gathering place where you can share your favorite literature and stories. If you really like a book, you can keep it and then donate a different book to share. If you are looking for something new to read, the BookNook is the perfect place for children and adults.

No library card required...Let's read!



August

The City of

SAN DIEGO

Martin Luther King Jr.

Recreation Center

6401 Skyline Drive San Diego CA 92114 (619) 527-3415

Summer Camp is a eleven-week program that offers a well-supervised and organized summer camp experience for our youth. Daily activities at the camp include arts and crafts, outdoor adventures, fun and games. A variety of fun educational components will be incorporated to promote unity, team work, safety and environmental awareness. Campers also go on a variety of field trips.

WEEK	DATE	THEME	Highlight Event	COST	CODE
1	June 20- June 24	All about Animals	MLK Pool	\$30.00	27526
2	June 27- July 1	Under the Sea	Finding Dory Movie	\$30.00	27527
3	July 5- July 8	Fun in the Sun	Reuben H. Fleet Science Center	\$25.00	27528
4	July 11-July 15	Going for Gold	The Boardwalk Indoor Park	\$30.00	27529
5	July 18- July 22	Artapalooza	MLK Pool	\$30.00	27530
6	July 25-July 29	Wacky Water	San Diego Air and Space Museum	\$30.00	27531
7	Aug 1- Aug 5	San Diego Padres	Padre Game	\$30.00	27532
8	Aug 8- Aug 12	Nature Week	Chollas Lake	\$30.00	27533
9	Aug 15- Aug 19	Super Hero	MLK Pool	\$30.00	27534
10	Aug 22-Aug 26	Zoology	San Diego Zoo	\$30.00	27535

LUNCH & SNACK WILL BE PROVIDED

- **AGES:** 5-12 yrs.
- **HOURS:** 9:00-5:00 (Mon-Fri)
- **EARLY DROP OFF:** 7:00AM \$5.00 PER WEEK
- **LATE PICK UP:** 6:00PM \$5.00 PER WEEK

Limited Space
Available

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DISTRICT 43 & GOLF DIVISIONS SUMMER SPORTS

FOOTGOLF LEAGUE

TEENS 12 -17 YEAR OLD

July 6th through August 31, 2016

PRACTICE @ YOUR LOCAL RECREATION CENTER

GAMES @ BALBOA & MISSION BAY GOLF COURSES

COST: \$5.00 PER PLAYER (3 PLAYERS PER TEAM)

LEAGUE PLAY ON WEDNESDAYS STARTING @ 4:00PM

PGA OF AMERICA PRESIDENT HAS INTRODUCED A NEW AND UNCONVENTIONAL GAME TO HELP GROW THE INTEREST IN GOLF. IT'S CALLED **FOOTGOLF**, AND IT COMBINES ELEMENTS OF SOCCER AND GOLF ON A MODIFIED COURSE THAT DEMANDS ACCURACY, BALL CONTROL, SPORTSMANSHIP AND A COMPETITIVE NATURE.

- NO CLEATS ON THE GOLF COURSE, BRING YOUR OWN SOCCER BALL
- 9 HOLES PLAYED PER MATCH - SCRAMBLE FORMAT

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